

Hiking In Italy

Lonely Planet Best Day Hikes Italy 1 Walking in Italy's Val Gardena Lonely Planet Best Day Walks Italy 1 Walking in Italy's Val Gardena The Regional Travel Guide for Abruzzo (Italy) The Hiker travel guide for Italy Italy's Grande Traversata Delle Alpi Dolomites, Italy Hiking Guide 2025-2026 Walking the Alpine Parks of France & Northwest Italy Hiking in Dolomites 2026 Fodor's Italy 2010 Hiking Guide to the Dolomites, Italy Walking in Italy Fodor's See It Italy Italy 2007 Walking in Italy Michelin Must Sees Italy Most Famous Places Walking in Italy Alta Via 1 - Trekking in the Dolomites Fodor's Italy 2006 Gregor Clark Laurel Barton Gregor Clark Richard Barton YouGuide Ltd David Jordan Jalyn F Norwick Marcia Lieberman Scott M Kennedy Fodor's Travel Publications, Inc. Staff Isla Pergins Helen Gillman Inc. Fodor's Travel Publications Alan Rogers Guides Ltd Staff Gillian Souter Michelin Travel & Lifestyle Sandra Bardwell Gillian Price Matthew Lombardi

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lonely planet s best day hikes italy is your passport to 60 easy escapes into nature stretch your legs away from the city by picking a hike that works for you from a few hours to a full day from easy to hard hike the dolomites explore the italian lakes and stroll sardinia s coast get to the heart of italy and begin your journey now inside lonely planet s best day hikes italy travel guide color maps and images throughout special features on italy s highlights for hikers kid friendly hikes accessible trails and what to take best for section helps you plan your trip and select hikes that appeal to your interests region profiles cover when to go where to stay what s on cultural insights and local food and drink recommendations to refuel and refresh featured regions include italian lakes campania the amalfi coast abruzzo tuscany sicily dolomites stelvio sardinia umbria le marche liguria and western maritime alps essential info at your fingertips hiking itineraries accompanied by illustrative maps are combined

with details about hike duration distance terrain start end locations and difficulty classified as easy easy moderate moderate hard or hard over 60 maps the perfect choice lonely planet s best day hikes italy our most comprehensive guide to hiking in italy is perfect for those planning to explore italy on foot looking for more information on italy check out lonely planet s italy guide for a comprehensive look at what the country has to offer about lonely planet lonely planet is a leading travel media company providing both inspiring and trustworthy information for every kind of traveler since 1973 over the past four decades we ve printed over 145 million guidebooks and phrasebooks for 120 languages and grown a dedicated passionate global community of travelers you ll also find our content online and in mobile apps videos 14 languages armchair and lifestyle books ebooks and more enabling you to explore every day lonely planet guides are quite simply like no other new york times lonely planet it s on everyone s bookshelves it s in every traveler s hands it s on mobile phones it s on the internet it s everywhere and it s telling entire generations of people how to travel the world fairfax media australia

there are many hiking guides to italy s dolomites featuring long treks of 4 6 hours as well as multi day ventures and the famous via ferrata what makes this one so special this is a guide to easier options for walking in italy s breathtaking val gardena seniors people with children and anyone who wants to experience the mountains but not climb them will benefit from the 20 walks that are carefully described in this book laurel and ric barton guide you through the breathtaking scenery using itineraries suitable for anyone who likes to walk likes to be in nature and who enjoys italy but may not have the stamina for longer more strenuous hikes this unique guide includes 20 walks in and near the val gardena towns of ortisei selva and santa cristina as well information on when to visit how to get around without a car suggestions for lodging and sample itineraries to help you plan your stay of 3 5 7 or more nights of special interest will be the easy hikes in the amazing alpe di siusi included are directions to the trailheads walking time and distance where to eat along the trail 39 beautiful photographs plus details on how to use the system of mountain lifts and buses to access the high meadows and breathtaking dolomite views you will discover delightful rifugi mountain restaurants offering shelter and great food making each walk a special expedition in addition every walk is accessible by public transportation the authors have traveled to ortisei annually exploring this mountain paradise discovering and documenting the walks to share with you so you can be certain every hike is within your ability

lonely planet s best day walks italy is your passport to 60 easy escapes into nature stretch your legs outside the city by picking a hike that works for you from just a couple of hours to a full day from easy to hard hike the dolomites explore the italian lakes and stroll sardinia s coast get to the heart of italy and begin your journey now inside lonely planet s best day walks italy travel guide colour maps and images throughout special features on italy s highlights for walkers kid friendly walks accessible

trails and what to take best for section helps you plan your trip and select walks that appeal to your interests region profiles cover when to go where to stay what's on cultural insights and local food and drink recommendations to refuel and refresh featured regions include italian lakes campania the amalfi coast abruzzo tuscany sicily dolomites stelvio sardinia umbria le marche liguria and western maritime alps essential info at your fingertips walk itineraries accompanied by illustrative maps are combined with details about walk duration distance terrain start end locations and difficulty classified as easy easy moderate moderate hard or hard over 60 maps the perfect choice lonely planet's best day walks italy our most comprehensive guide to walking in italy is perfect for those planning to explore italy on foot looking for more information on italy check out lonely planet's italy guide for a comprehensive look at what the country has to offer about lonely planet lonely planet is a leading travel media company providing both inspiring and trustworthy information for every kind of traveller since 1973 over the past four decades we've printed over 145 million guidebooks and phrasebooks for 120 languages and grown a dedicated passionate global community of travellers you'll also find our content online and in mobile apps videos 14 languages armchair and lifestyle books ebooks and more enabling you to explore every day lonely planet guides are quite simply like no other new york times lonely planet it's on everyone's bookshelves it's in every traveller's hands it's on mobile phones it's on the internet it's everywhere and it's telling entire generations of people how to travel the world fairfax media australia

new second edition with 3 extra walks and updates italy's val gardena in the dolomites is the perfect spot for a break from your italian voyage and even a destination if you crave a different type of european holiday in summer you will find a respite from the heat and crowds of rome venice and florence this book will guide you through breathtaking scenery using itineraries suitable for anyone who likes to walk likes to be in nature and who enjoys italy but may not have the stamina for longer more strenuous hikes seniors people with children and anyone who wants to experience the mountains but not climb them will benefit from the 23 walks that are carefully described also included are instructions on local transportation lodging and sample itineraries to help you plan your stay of 3 5 7 or more nights the authors have traveled to ortisei annually exploring this mountain paradise completely via public transportation discovering and documenting the walks

a guidebook to the 798km grande traversata delle alpi trek through the western italian alps traversing the lepontine pennine graian cottian and maritime alps to finish near monte rosa the guide splits the route into 3 sections with 55 day stages a good level of fitness is required to tackle the route as it contains nearly 60 000m of ascent

dolomites italy hiking guide 2025 2026 journey through the heart of the italian alps venture into one of europe's most breathtaking landscapes with the dolomites italy hiking guide 2025 2026 famous for

their dramatic limestone peaks emerald valleys and charming alpine villages the dolomites are a unesco world heritage site and a dream destination for hikers worldwide whether you're seeking gentle strolls among wildflower meadows or challenging multi day treks across rugged mountain passes this guide is your ultimate key to exploring italy's most spectacular alpine playground inside you'll find detailed trail descriptions for hikes of all levels from family friendly paths to advanced routes essential maps and navigation tips to help you stay on track and explore confidently seasonal insights on the best times to hike from spring blossoms to autumn's golden glow hidden gems and panoramic viewpoints known only to locals and seasoned hikers practical travel advice including gear safety tips transportation and the best mountain refuges to rest along the way from the towering spires of tre cime di lavaredo to the peaceful alpine lakes of lago di braies every page of this guide brings you closer to the natural wonders cultural heritage and timeless beauty of the dolomites

suggests hikes in five french and one italian national parks and offers tips on trip planning map sources and safe hiking

ever wondered what it's like to hike among jagged limestone peaks alpine meadows and turquoise glacial lakes all in the same day from the towering tre cime di lavaredo to the wildflower filled alpe di siusi the dolomites in northern italy are one of the world's most spectacular hiking destinations this unesco world heritage region offers everything from panoramic day hikes to challenging multi day treks each trail framed by breathtaking alpine scenery this guide takes you straight to the hikes that matter whether exploring the valleys of val gardena and cortina d'ampezzo tackling the famous alta via 1 or seeking out quiet trails far from the crowds every route includes clear directions difficulty ratings seasonal advice and must see viewpoints you'll also discover the best day hikes multi day hut to hut treks and family friendly walks base towns like ortisei canazei dobbiaco and bolzano for easy trail access when to visit for wildflowers autumn colors or winter snowshoe hikes how to use public transport cable cars and shuttle services to reach trails tips for staying in rifugi and mountain lodges for an authentic alpine stay how to navigate italian german and ladin speaking regions perfect for both first time visitors and seasoned trekkers this book is your complete hiking companion covering planning navigation culture and the very best of the dolomites trails if the dolomites are on your hiking list this guide gets you there prepared and ready to explore choose your route plan your season and start your journey today

a travel guide to italy that provides maps itineraries expert tips and ratings of the country's best attractions restaurants hotels landmarks and activities

discover the soul of the dolomites one step at a time whether you're a seasoned trekker or a first time hiker drawn to italy's iconic alpine beauty hiking guide to the dolomites italy is your essential passport to one of the world's most breathtaking mountain landscapes this in depth richly detailed

guidebook offers more than just trail directions it's your personal companion through the wild culturally rich and awe inspiring world of the dolomites inside you'll find legendary day hikes multi day treks from the cinematic tre cime di lavaredo loop to the high alpine adventure of alta via 1 and 2 explore a curated collection of classic routes and lesser known gems regional breakdowns hike through the distinctive beauty of cortina d'ampezzo val gardena alta badia brenta and more each section packed with local insights trail descriptions and highlights expert planning guidance learn how to choose your base towns use mountain transport understand trail markings pack smartly and navigate changing weather with confidence local culture cuisine connect with the dolomites beyond the trails through its unique ladin tyrolean and italian heritage plus recommendations on mountain huts food and post hike relaxation sustainable hiking tips walk responsibly with practical advice on eco friendly travel supporting local communities and preserving these unesco protected peaks sample itineraries whether you have 3 days or 10 traveling solo or with family use flexible itineraries to make the most of every moment in the mountains from soaring limestone spires to wildflower covered valleys this guidebook is crafted to ignite your sense of wonder inspire your next journey and equip you to explore the dolomites with confidence purpose and joy plan boldly hike smart return changed your journey through the dolomites starts here

presents thorough authoritative information on walking trips in italy in a handy 5x7 format among the features of this guide two color maps detailed descriptions of one day and multi day walks outlines of long distance walks public transport access information accommodation options color photos of the scenery and an italian language section and glossary annotation copyrighted by book news inc portland or

provides information on accommodations restaurants shopping sights and transportation in italy

this guide features a selection of around 230 of the best quality sites in italy all caravan and camp sites are inspected a selection is made and the report on each is candid and descriptive any sites that do not meet the standard are dropped from the guide the following year

illustrated with numerous color photographs of buildings and landscapes this guidebook presents information on walking tours one can take in the cities and rural areas of italy directions for the walks are provided alongside historical and architectural information of the sites that will be seen a

new release michelin must sees italy 10 most famous places presents the ten most essential not to be missed cities and regions of italy for a memorable trip even when time is limited renowned rome and venice head up this short list along with milan and the italian lakes tuscany and the amalfi coast just to name a few this pocket size guide helps you do it all with detailed maps recommended hotels and restaurants and the must sees star rating system for attractions sights and activities

scale the spectacular dolomites peer into brooding volcanoes explore medieval villages or saunter along sparkling coastlines this guide walks you through italy s wealth of natural beauty history and culture detailed descriptions of 55 walks from easy day strolls to multi day adventures quality two color maps for each walk tips on the best camping grounds rifugi mountain huts and pensiones transport information to get you to and from the walks step by step introduction to the exciting vie ferrate iron ways illustrated section on italy s flora and fauna

a guidebook containing all the information you need to walk the alta via 1 between lago di braies and la pissa covering 115km 72 miles this hut to hut long distance hiking trail through the heart of the dolomites in northeastern italy takes about 2 weeks and is suitable for both first time and experienced trekkers the route is described from north to south in 11 stages each between 6 and 14km 4 9 miles in length easier path variants exit routes to reach public transport and side routes to explore nearby summits and points of interest are detailed advice on 4 or 5 day sections of the route for walkers who prefer not to walk av1 in its entirety is also given includes a separate map booklet containing 1 25 000 kompass mapping 1 75 000 maps included in the main book for each stage gpx files available to download detailed information about mountain huts and facilities along the route advice on planning and preparation

presents information on travel restaurants accommodations sightseeing and shopping for italy bound tourists

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